

BELLVIEWS

JANUARY 2021

Vol. 59 No. 6

Monthly Newsletter

Happy New Year!



BELLEVUE SAIL AND POWER SQUADRON BRIDGE

UNITED STATES SAIL AND POWER SQUADRON - DISTRICT 16

Commander	Cdr Sally Stuart, SN	425-455-2369
Executive Officer	Lt/C Michael Reichstein	925-699-2105
Admin Officer	P/R/C Barbara Erickson, JN	425-746-1094
Educational Officer	P/C/C Lance Jensen, SN	425-747-4143
Treasurer	P/R/C Barbara Erickson, JN	425-746-1094
Secretary	Lt/C Bobbi Jensen	425-747-4143

BSPS: www.BellevuePowerSquadron.org D/16: www.uspsd16.org/

COMMANDER'S AIDES

Chaplain	P/Lt/C David J. Greene, SN
Flag Lieutenant	Lt Mark Christenson
Sunshine	Anne-Marie van Opdorp
Law Officer	Lt Bruce Gardiner, JN
MBYC Liaison	Lt Willa Conrad, P
North Shore Liaison	P/Lt/C Rick Vicik, P
Merit Mark Chair	Lt Jan Brintnall
Operations Training	P/R/C L.D. Brown, SN

EXECUTIVE DEPARTMENT

Executive Officer	Lt/C Michael Reichstein
Marketing/PR - Chair:	Michael Reichstein
Safety Officer	Lt Dale Vodicka, AP
Coop Charting	Open
Social Activities	Lt Willa Conrad, P
VSC Chair	P/C Dennis Dorrattague, SN

ADMINISTRATIVE DEPARTMENT

Admin Officer	P/R/C Barbara Erickson, JN
Boating Activities	Lt Mike Heinrich, P
Dinner Reservations	Lt Jan Brintnall
Programs	Open
Sqdn Photographers	Lt Willa Conrad, P
	Steve Erickson, JN

TREASURER DEPARTMENT

Treasurer	P/R/C Barbara Erickson, JN
Asst Treasurer	P/C Mark Stevens, SN
Property Officer	P/C Mark Stevens, SN
Ship's Store	Lt Diane Heinrich
Advertising Mgr.	Open

SECRETARY DEPARTMENT

Secretary	Lt/C Bobbi Jensen
Bellviews Editor	P/R/C Barbara Erickson, JN
Webmaster	P/Lt/C Frances E. Waters
Database	Lt Brad Waters, SN
	P/Lt/C Frances E. Waters
Historian	Open

EXECUTIVE COMMITTEE

Bridge Officers	
Past Commander:	P/C Nick Ledbetter, JN
Members at Large:	
	P/C/C Frank Dvorak, SN
	P/R/C L.D. Brown, SN
	Lt. Michael Heinrich, P
	P/Lt/C Rick Vicik, P

AUDITING COMMITTEE

P/C/C Frank A. Dvorak, SN	1 year
Frank N. Young, Jr.	1 year

MEMBERSHIP COMMITTEE

Membership Chair	OPEN
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BUDGET COMMITTEE

P/R/C Barbara Erickson, JN
Lt/C Michael Reichstein
P/C Mark Stevens, SN

NOMINATING COMMITTEE

Open	1 year
P/Lt/C Laurel Redecker, AP	2 year
Open	3 year

RULES COMMITTEE

Lt Michael Heinrich, P	1 year
P/C Donald Williams, AP	2 year
Open	3 year

BOAT OPERATORS CERTIFICATION

BSPS Coordinator	
P/Lt/C David J. Greene, SN-IN-CN-ACN	
Certifiers:	
Inland, Coastal and Advanced Coastal	
	IN CN ACN
P/Lt/C David J. Greene, SN	• • •
P/C Dennis Dorrattague, SN	• •
P/Lt/C Dennis Kinch, AP	•

Hands on Training (Small Boat & Large Boat)	
P/Lt/C Robert Cooper, P	
P/Lt/C David J. Greene, SN	

EDUCATIONAL DEPARTMENT

SEO	P/C/C Lance Jensen, SN
Assistant SEO	P/R/C L.D. Brown, SN
Chairs Local Board of Boating	
	Lt Bruce Gardiner, JN

ABC Third Edition

Lecturers	Lt Bill Badgley, SN
	P/Lt/C Robert Cooper, P
	P/C Dennis Dorrattague, SN
	P/Lt/C David J. Greene, SN
	P/C Nick Ledbetter, JN

ABC Third Edition All Day Classes

Lecturers	P/Lt/C Robert Cooper, P
	P/C Dennis Dorrattague, SN
	Lt Bruce Gardiner, JN
	P/Lt/C David J. Greene, SN
	Lt Harry Johnson, AP
	P/C Nick Ledbetter, JN

Advanced Grades

Chair	P/Lt/C Robert Cooper, P
Seamanship	P/Lt/C Robert Cooper, P
Piloting	P/Lt/C Robert Cooper, P
	Lt Harry Johnson, AP
Advanced Piloting	Lt Harry Johnson, AP
Jr Navigation	P/Lt/C David J. Greene, SN
Navigation	P/Lt/C David J. Greene, SN

Elective Courses

Chair	Open
Cruise Planning	Lt Eileen Huggins, SN
Engine Maintenance	Lt Carl C. Lang, AP
Instructor Development	
	P/Lt/C Robert Cooper, P
Marine Electrical Systems	
	P/Lt/C Robert Cooper, P
Marine Communications Systems	
	P/Lt/C Robert Cooper, P
Sail	Open
Skipper Saver	P/Lt/C David J. Greene, SN
Weather	Lt/C Vern Redecker, JN

Seminars

Chair	Open
Lecturers	P/Lt/C Robert Cooper, P
	P/Lt/C David J. Greene, SN
	Lt Harry Johnson, AP

Sight Reduction Checker

	P/Lt/C David J. Greene, SN
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Equip. Custodian

	Open
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Start the New Year off with a visit to the San Juan Islands!

(from the comfort of your home)



Join America's Boating Club of Bellevue at our
General Meeting on Wednesday, 6 January 2021.

Social time: 6:00 – 6:30pm

Derek VanDyke Presentation: 6:30 – 7:00pm

Short Business Meeting follows

Our friend, Derek VanDyke, Education and Outreach Coordinator – Boat & Water Safety with the Washington State Parks & Recreation Commission, takes us on a tour of the places to cruise and things to do while in the San Juan Islands. Derek will be joined by a Park Ranger and they will take us to State Park properties, and beyond.

SAVE THE DATE! The Zoom link will appear in your mailbox as the date gets closer!



From the Commander Cdr Sally Stuart, SN

January 1, 2021 is almost here. It's time to work on your New Year's Resolution. Be sure to add a Merit Mark to your list this year. America's Boating Club of Bellevue is a nonprofit organization. We count on members to make boating safer by taking and teaching classes, providing community service and enjoying time together.

The Chief Commander awards a Merit Mark to members for substantial personal effort in furthering the interest, programs and objectives of America's Boating Club. Jan Brintnall, Merit Mark Chair, submitted Merit Marks for 27 of our members this year. Robert Baldrige, D/16 Area Monitor, sent congratulations for a very active squadron and recommended Chief Commander Mary Paige Abbott approve them all. And she did.

To earn a Merit Mark for 2021:

- Write an article about yourself. Tell us why you joined America's Boating Club of Bellevue, about your boat, your favorite boating trip or location or experience. Check out the October issue for the article Paulo Albuquerque, a new member wrote.
- Write an article about an experience or new knowledge you learned that will benefit boaters. For examples, see Dennis Dorratcague's article "Navigating Through the Smoke without Getting Smoked" in the October issue and Mike Heinrich's article "Boating Overnight with the 12 to 20 Foot Open Boat" in the December issue.
- Participate in Cooperative charting this year. Check out Michael's article in the December Bellviews to learn how you and your family can participate. You can search for geodetic marks on foot or in your car or note corrections for nautical charts while out boating. You can do it in the rain or sun all year around.
- Join one of the committees listed in the Bellviews Roster on Page 2. For example, join our newly formed Marketing, Membership and Website Committee. If interested, let me know, 425-455-2369.
- Take the Instructors Development Course to be certified to teach boating safety courses offered to the public.
- Teach a course after you are certified for teaching boating courses or seminars.

Take care of yourselves, and be mindful of your family and friends.



From the Executive Officer
Lt/C Michael Reichstein

Happy New Year 2021 and let's put 2020 in the rear-view mirror. It was a real-life changing experience in many ways for all of us. Today is a new day and the Bridge of the America's Boating Club of Bellevue has been working hard to bring many new and improved programs for all of us to experience in the new year. We will be rolling out more education online and Zoom based classes with our instructors. When we get the green light to begin what we all enjoy most, boating, dinners together and rendezvous in the greater Puget Sound.

There will be exciting opportunities for us to gather among old and yes new friends. Our biggest goal for 2021 is adding new members to our club. So, let's start getting excited and thinking of new ways to share the wonderful blessings of our time on the water in this magical place we all call home. I look forward to seeing and meeting all of you together in 2021.

If it sounds like I am beating my drum, yes, as a message to plan for fun times again.





From the Educational Officer
P/C/C Lance Jensen, SN-IN

EDUCATIONAL OPPORTUNITIES EXPANDING IN BELLEVUE AND D/16

Dave Green, Bellevue's own Chapman Award Winner for excellence in teaching, will begin a new Offshore Navigation (nee JN) course on Tuesday evenings, 1900-2100, starting 19 Jan 21. To date, three students have signed up, all from other squadrons in the district and elsewhere. It would be nice to have a member or two from Bellevue. We have many qualified APs.

A bit later, also on Tuesday evenings starting 2 Feb 21, Robert Cooper will offer a Boat Handling Course (nee Seamanship). He will start with at least 3 or 4 Bellevue members who are currently finishing up in his Piloting course. Robert calls his course "Seamanship on Steroids" because in addition to the material on boat handling, he adds some material on chart familiarization and GPS positioning so that eager new boat operators can both handle their boats and not get confused about their location.

We are also beginning to see a bit of interest in our planned 2-hour seminars on a variety of boating subjects. As a further notice of opportunities, the Everett squadron will be planning to offer a Sail class in the near future, remotely of course. If you are interested check the Everett squadron web site or contact Linda Martin, the Everett SEO.

I cannot end this listing of opportunities without mentioning that our Asst SEO, L. D. Brown is doing an outstanding job of guiding folks new to the Bellevue squadron in our methods and opportunities and providing them with information on becoming new squadron members. COVID-19 or not, we are seeing success in all these endeavors.

Season's Greetings to all!

KARL'S KWIZ

by P/R/C Karl Lang, SN

This month's Kwiz is ALL ABOUT SPORTS

1. In baseball, what is meant by a “perfect game”?
2. In football, what is a “safety”?
3. In hockey, what is “icing the puck”?
4. In basketball, what causes a “jump ball”?
5. In tennis, what is “love”?
6. In golf, what is a “birdie”?

Answers on page 9

T AVERNS & IDBITS

The date of the next Tavern & Tidbits Zoom session is Thursday, 21 January 2021 from 6:00 to 7:00pm. The National Planning Committee, represented by Jamie McCurry and/or Ken Smith will be our speakers and will share where we are with the restructuring from United States Power Squadrons to America's Boating Club and what new developments might be at hand. Stay tuned!

THE COVID-19 COST

For Dave & Dianne Greene's Daughter

Here are some thoughts about what my life has been like the past 10 months as a Physical Therapist (interject having Covid-19 and getting over same as well)

We are going on 10 months now of sustained stress here at Swedish Hospital.

Patients are anxiety ridden, depressed, crying, lashing out, sometimes the entire 45-minute session, and mind you, I see 10 patients per day. If there was an underlying "crazy" issue, this pandemic has put them over the edge. In the midst of this, we are supposed to be doing our original job of caring for them, trying to get them better, and keeping up with all of the charting/insurance/MD authorization correspondence.

Then there are our own anxieties about being exposed... what happens if we have to shut down our clinic again, will some of us be laid off.... Colleagues getting sick... us getting sick. We just don't have much "left over".

We have to constantly wipe down everything, including the seat that the patient is sitting on when we go get them, which adds extra time we don't have. Constant mask wearing was ok until recently we had to add goggles to the mix. They rubbed a sore on my nose, fogged up, made it hard to breathe, and hard to see. We felt dizzy and frustrated, so I spent own money on new still goggles, and now they don't rub, I can see now, but still makes it hard to breathe.

We just had another Medical Info System upgrade 11 days ago, so all of my colleagues are constantly interrupting me to help them navigate this. Also, I appear to be a sounding board for colleagues frustrations and anxieties (which is fine, but then where do my frustrations and anxieties go?).

This is just a short summary of all of the stressors I've faced in the past 10 months, and we are all accumulatively tired. We can normally do more things to decompress with friends, but as you know, that's not happening, especially in the winter. All of us healthcare givers here are struggling.

What I'm finding out is that if anything else above my baseline happens, I don't have much reserve left. I'm in the process of trying to figure out what I need to do to manage my stress (it's a constantly evolving goal post week by week), as I'm trying to do the same with my patients.

The vaccine announcement and my subsequent sign up was the first "light at the end of the tunnel" for me, and for this pandemic. My next excitement was that of receiving my first dose of the vaccine, and the sense of hope it gave me. Brought tears to my eyes.

We know we won't be able to change much here until 75% of the population is vaccinated, but maybe by the Fall of 2021 we will be able to unmask. Hopefully, 2021 will be a better year for all.

America's Boating Club of Bellevue Executive Board Minutes 25 November 2020

This meeting was basically a brainstorming and goal check type of get together. There were no officers' reports nor any action items on which to vote.

Submitted by
Bobbi Jensen
Secretary

Thank you to everyone who supported Toys for Tots and The Humane Society by purchasing poinsettias. Squak Mountain Nursery was a wonderful partner in this venture. Even though not many participated, we were able to make some children and future pets happy at Christmastime!

Bobbi Jensen



Are You Receiving the monthly Member News?

For those that may not have seen/received the latest "Member News" see below. I suggest sharing this information with your members.

The "Member News" is the typical method a lot of information is shared.

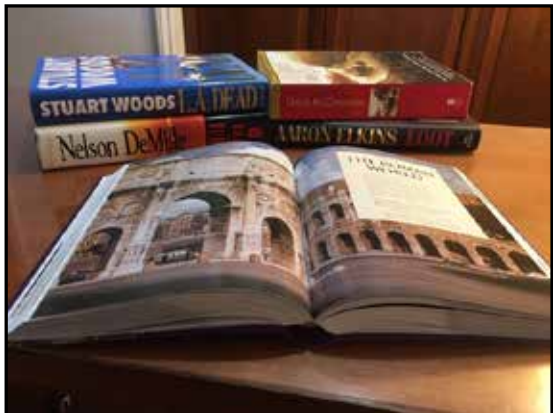
You can sign up to receive the monthly "Member News" by going to the USPS/ABC National website:

- Click on the "Member's Log In" in the toolbar at the top.
- Enter your USPS member number and Password. Then either click on "Log In" or press the "Enter" button.
- Scroll down on the Member's home page to "News Publications" (near the bottom).
- Click on "here" on the "current issue of the monthly Blast" line.
- Click on "join our mailing list" and follow the instruction to sign up to have it e-mailed directly to you.

KARL'S KWIZ ANSWERS

1. No one on opposing team reaches 1st base.
2. Trapping the opponent with possession behind their own goal line--- worth 2 points.
3. Defensive player shooting the puck from his own defensive area the length of the ice across the opponents goal line.
4. It is used to begin or resume the game or resolve having opposing players in joint control of the ball. An official throws the ball into the air between two opposing players, each trying to tip it to a team member.
5. Love is a score of zero.
6. One under par for the hole.

Book Club



by P/R/C LD Brown, SN

The Book Club continues to be great. We have enjoyed reading and discussing some really great books.

We are currently reading *Unsinkable* by James Sullivan and will discuss it during our January 7, 2021 meeting.

We welcome more members. Anyone interested, please contact L.D. Brown at 425.785.3844 or email: ldandtrudy@outlook.com and he will help you get started in the group. The Squadron provides Zoom for the meetings.

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December

- 25 Dec Merry Christmas
- 30 Dec ExCom Meeting - Open to all

January 2021

- 1 Jan Happy New Year
- 6 Jan Squadron Meeting featuring Derek VanDyke, Parks Department: Cruising the San Juan Islands
- 21 Jan Taverns & Tidbits with National Planning Committee
- 27 Jan ExCom Meeting - Open to all

February

- 5 Feb Squadron Meeting
- 18 - 21 Feb ABClub Annual Meeting in Ponte Vedra, FL
- 24 Feb ExCom Meeting - Open to all



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